



NEW HORIZONS  
VILLAGE

# New Horizons Village News

www.newhorizonsvillage.us

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## *Special Olympics, library and gardening are some of NHV residents' special goals*

Special Olympics swimming and bowling competitions are the focus of several of our New Horizons athletes. They are putting their hearts, time and minds toward excelling in their individual events. Our recreation staff is providing top-flight coaching.

Residents interested in reading enjoy visiting the library. It also gives them the chance to learn about the responsibility of returning borrowed books.

A male New Horizons resident is planning his own herb garden. He has shared his knowledge in this area with those of us that have questions. We all appreciate his help.

We're fortunate to have such extraordinary people in our lives.

Helping residents achieve special goals is part of our NHV mission: *giving loving care and protection to the lives entrusted to us while guiding them to become creative, self-sufficient and independent.* Each new task residents learn or master is an achievement we celebrate. We staff members enjoy sharing their accomplishments with them – and with you.

If you have any thoughts or wishes about special goals for your loved one, we want to know about them. Please contact Donna Salak/QMRP at [donnas@newhorizonsvillage.us](mailto:donnas@newhorizonsvillage.us)

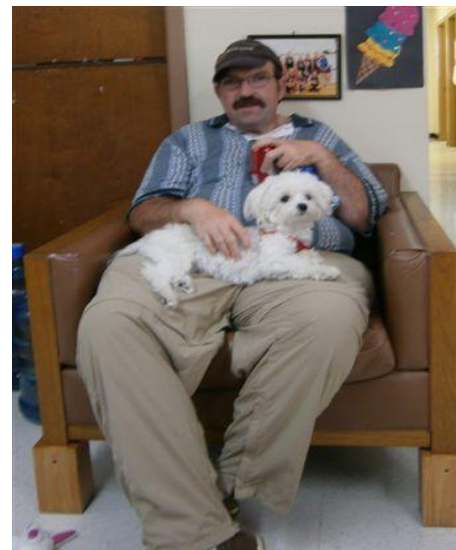
## Congratulations Audra!



Each year our trade association, FARF (Florida Association of Rehabilitation Facilities), sponsors the Circle of Champions Award, given to the employee displaying the highest commitment to professional growth and pride in his or her position. Audra Mulligan is *our* shining star for 2011. New Horizons Village administrator Craig Greiner was proud to present Audra with her award.

## NHV's Mascot

Oliver and Tim relaxing



## INSIDE THIS ISSUE

1	Meeting our residents' special goals/Circle of Champions/Mascot
2-3	News from home/Recreational highlights/Special Olympics
3	Progress on new building
4-5	Busy at ATF/Parents and Relatives visit ATF
6	ATF favorite moments/Upcoming Events/Notes from Editor



## News From Home



### **Loads of fun on Unit One**

We attended a great Labor Day cookout, ate lots of good food and had loads of fun. Thank you, Terri and we thank your dietary staff for such a wonderful day. We like to go to Recreation and play a new game called lasso golf. It's different and lots of fun. In September we celebrated Sharon's birthday: we had a great party with cake and ice cream and many presents. We *always* look forward to October and Halloween. This is a favorite holiday for many of our residents. All the best to all of you!

### **Busy on Unit Two**

September was an activity-filled month for us. We went to Winn Dixie and bought ice cream and root beer. When we got home we made root beer floats. We visited Yankeetown beach for a picnic and enjoyed watching the sun, as it sets it appears to sink into the water. October brought cooler weather and we were able to break out our jackets. We had Halloween fun decorating the house and working on our costumes. Two of our guys celebrated birthdays in October. We are looking forward to the Holidays!

### **Having fun on Unit Three**

September and October were great fun. We got sand between our toes when we visited Ft. Island Trail Beach. The Chinese food was great when we enjoyed a night out to dinner. It is always fun when we shop at the Dollar Tree. And we love our picnics! We went to Inverness and Floral City to enjoy the parks, fresh air and our picnic dinners. Jack-O-Lanterns and spiders are two of the crafts we worked on to help decorate for Halloween. Kim, Donnie and Deanna have been participating in Special Olympics bowling and, they are doing great. Life is good on Unit Three!

### **Fall is in the air on Unit Four**

September reminded us that beautiful weather was on its way. Thanks to our great dietary staff, we had a wonderful Labor Day cookout. Among our September activities were a great dinner at Wendy's and we had fun with our family from Unit One at a picnic at Whispering Pines Park. We can not leave out our great trip to Big Lots. Debbie had family come to visit her for her birthday; she had a really nice birthday party which made her very happy. Then October arrived. We went on an exciting dinner outing to Arby's and watched planes take off and land at the Crystal River Airport. An enjoyable picnic at Little Springs in some refreshingly nice weather was followed by shopping for our families at the new Dollar Store in Beverly Hills. This called for a trip to visit the local post office to send the cards we bought. We love to send and receive mail, especially from loved ones. Debbie got a special birthday dinner outing with her friend Bonnie: she was very happy. It's a great time to be on Unit Four.

### **Scaring up fun on Unit Five**

In September, Phillip enjoyed his birthday dinner with Becky at Sonny's. Everyone in the house enjoyed dinner at Denny's with a dessert of doughnut holes and ice cream. Our sightseeing trip on the Barge Canal turned into a lot of fun. We saw some beautiful deer as we looked for all kinds of wildlife. Everyone enjoyed dinner at Arby's in October and Roger celebrated his birthday dinner at the Golden Corral with his friend Amber, NHV staff. Paul, Tony and Ray are enjoying bowling every Monday. Halloween is a favorite holiday for the guys. Ray dressed as *Scream*, Tony as a ninja warrior and Mickey was a pirate as they went to the first of many October Halloween parties. Also, we all welcome Juan to the house. Juan has only been here a short time but he fits right in!

### **Boo from Unit Six**

We are having great fun. We enjoyed dinner at an Italian eatery, ice cream at the Ice Cream Doctor and two great picnics at Crystal River Beach and Hunter Springs. Tim is still strumming along with his guitar lessons. Amber, Wendy and Tim are part of the Special Olympics bowling team: they make us proud. We celebrated Robyn's birthday in October. She had the pink and purple princess party that she wished for and her mom and sister shared her pizza dinner with all of us. We have three new staff; Janey, Niki and Candace. They are great and fit right in. We were excited about Halloween and dressing up. Halloween is so exciting dressing up and seeing everyone else at the units in costume.

## **Recreation highlights**

September was a great month! The New Horizons kitchen staff grilled out for Labor Day and we had delicious food, a pool party and wonderful weather. Special Olympics bowling is in full swing; the team of Dean, Ray, Paul and Tommy won a blue ribbon at County and Area competition. The swim team competed at state level and everyone came home with a ribbon! Our relay team (Derek, Paul, Melissa and Megan) brought home the gold the very first time they swam in competition. The team's new logo is *Rule the POOL!* The VFW in Bushnell invited a group to come to their Halloween Party. It was a grand event. Everyone received a door prize. Denise won first place for her clown outfit, Wendy won second place for her Good Witch costume and Bruce won third place for *Scream*. The VFW is a great organization. We hosted our first-ever Haunted Recreation and Halloween Extravaganza. Happy Halloween! Special Olympics basketball began officially in November and we have already begun to practice our skills. Thanks to Duane for marking the parking lot as a court. We will have our annual Thanksgiving luncheon in the Recreation building but hope to have our Christmas luncheon in the beautiful new Activity Center. Happy Holidays!

## **Special Olympics**

State Swimming Competition gold medal winners!



Derek, Megan, Melissa and Paul

County Bowling Competition



Dean proudly displays his first place ribbon

## **Progress on the New Building**



We're getting closer with paint and some sod and asphalt as well as the finishing work inside.

# **Busy at the ATF**

## **Classroom 1**

Greetings from everyone in Classroom 1. We learned the alphabet, American Sign Language signs and studied different shapes and how to make many of them with our hands. We continue to study the weather and weather patterns. Each morning we take turns holding the flag while we say the Pledge of Allegiance. We decorated our room for Halloween. We had ghosts, picture frames and lots more. Our whole class went on a terrific picnic at Fort Island. We went to Winn-Dixie as a class to pick out a pumpkin. We are currently having a great time studying our colors. In the future we are going to study several U.S. Presidents. We are learning to speak Spanish, which opens everyone up to a new world of communication. Please stop by and see us. We love showing off our handiwork.

## **Classroom 2**

Our busy class is making harvest crafts and learning about fall. Last week our class went to Wal-Mart to buy a pumpkin to carve; we were all very excited. Our pumpkin was part of the Halloween Puppet Show. We carved our pumpkins and bought the battery lights to go inside. We have been on many outings these past two months. Rufus had a fine time going on a Publix supermarket tour and a tour of the Lecanto post office. The staffs at Publix and at the post office were great. Monique also went on the Publix tour and she works very hard volunteering at the Citrus County Resource Center. Leslie had a blast touring the FDS recycling facility. Trinh has been busy helping to deliver dog biscuits and picking up Linda from her work at Winn-Dixie. As a class, we went to Crystal River beach for our first picnic since early summer. Everyone loved it. The country of Egypt was our summer classroom theme. We even had a bucket of sand and the residents excavated dinosaur bones, jewelry, scarabs, and snakes. Everyone enjoyed digging in the sand to find treasures. Now we're looking forward to Thanksgiving and Christmas.

## **Classroom 3**

Classroom 3 rocks! For the last two months we have been working on numbers, shapes, letters, and holiday crafts. The closer the holidays get to us the more excited we get about them. For Halloween, we decorated our room with witches, ghosts, vampires and other ghoulish stuff. We could not wait to dress up in our Halloween costumes. Our whole class went to Wal-Mart and picked out a pumpkin for our room. We carved it for Halloween and showcased our pumpkin at our Halloween play. Our class went for a picnic to the Gulf Beach boat ramp. We watched the boats sail past as we enjoyed our delicious lunch prepared for us by the New Horizons dietary staff. After lunch we watched boats, birds and all the busy people. We had a wonderful time and can hardly wait to go on our next picnic. We would like to welcome Judy to our classroom. She is helping us learn so much. Our classroom is very musically inclined with Michael singing, Phillip and Robert playing the keyboard, not to mention all the varieties of music we listen to. We hope you enjoyed your Halloween. Have a great Thanksgiving.

## **Classroom 4**

September and October were fun months for Class 4. Our theme for September was *Fall is Fun*. October came with a little nip in the air. We made a class fall quilt and cut and colored assorted autumn leaves. We did a lot of Halloween class projects; masks, autumn books, headbands, ornaments, bats and witches. We went on a class outing to pick out our special pumpkin. We could hardly wait to carve it! We had a great time at Wal-Mart trying to choose the perfect pumpkin. We wish for you a perfect Thanksgiving and Christmas.

## **Classroom 5**

In the past two months Class 5 has continued to learn and practice our sign language. Several of us went on a tour of a Publix supermarket. We also went to the Coastal Museum where we learned about Crystal River's history and some of the movies that Hollywood has filmed here. Another great experience was the FDS facility tour. We learned about recycling and what we can do to help keep the earth cleaner. Everyone who went got a certificate as a Recycling Star and a very nice package of pens, notebooks, etc. to remember the trip. We thank the staff at FDS for making our tour pleasant. We continue to learn new things every day and we're eager to learn. We can hardly wait for Thanksgiving and Christmas.

## Workshop

New lessons and projects abound in the ATF workshop! Each of us took turns creating our very own candle. There are different shapes, colors, and sizes. Some are scented and some are decorated with shells and glitter. We spent the month learning about scarecrows and then we made our own. We made their clothes and stuffed them with straw. Did you know that in some countries scarecrows are actually boys covered in dirt and leaves? They make noise and throw rocks at pests in gardens too. We are working hard on our math skills. We learned simple addition, greater than, less than, repeating patterns, shape and color sorting and number sequences. We prepared for our production in October. We worked very hard to make things amazing. We learned the history, traditions and customs of Halloween in many countries. Can you name a country that has no Halloween? It's France. Over the last two months we have continued our volunteer efforts with 1,000 Palms and the library. In science lab we watched and learned how plants get food and water. We performed an experiment using celery and food coloring. Everyone is really excited about the cooler weather and picnics started again. Learning is great!

## Parents and Relatives Visit the ATF



Trinh and her family



Billy and his family



Michael and his brother

## *Favorite Memories the ATF*



Baking our home-made dog biscuits



Excavating dinosaur bones



Zumba classes



Picnics at the beach

### Upcoming Events:

#### **Citrus County Rodeo**

Place: Citrus County Fairgrounds  
November 18, 2011  
Time: 6:00 AM – 9:00 PM

#### **Thanksgiving Feast**

Place: NHV Recreation  
November 24, 2011  
Time: 12:00 PM

#### **NHV Family Christmas Party**

Place: NHV  
December 17, 2011  
Time: 11:30 AM – 2:30 PM



### NOTES FROM THE EDITOR



If you would like to receive the New Horizons Village News by E-mail, or if you would like it sent to someone else, please send your request via e-mail to [kim@newhorizonsvillage.us](mailto:kim@newhorizonsvillage.us).

We invite you to visit the New Horizons Village ATF to see the difference it is making. Please call Marsha Abreu at 352-419-4877 or e-mail her at [marsha@newhorizonsvillage.us](mailto:marsha@newhorizonsvillage.us) so we can be prepared for your visit.