



Special Olympics, personal appearance are NHV residents' special goals

Several NHV residents have participated in Special Olympics in bowling, track and field and basketball.

One male and one female resident excel in basketball. Their team won state championship at a recent Tampa tournament, and they brought medals home to New Horizons Village. All of us are excited about their accomplishment.

Some of our ladies get together and go out to have their nails done. They love being pampered with a manicure and nail polish. The nail technicians are fond of our residents. When one of our staff goes in for a personal appointment, the technicians ask when our ladies are coming back for another visit.

Achieving special goals is important to our residents' growth. We staff members enjoy sharing their accomplishments with them – and with you.

If you have any thoughts or wishes about special goals for your loved one, we want to know about them. Please contact Donna Salak/QRMP at donnas@newhorizonsvillage.us

Special Olympics Basketball Team



NHV residents on state championship team

This is the Special Olympics state championship basketball team following their victory at a recent tournament in Tampa.

Amber and Paul worked very hard to earn championship medals. The entire team put in tremendous effort and we're very proud of them.

New Horizons is now involved in Special Olympics Track and Field practice in advance of an upcoming tournament. Our residents are winners because they want to give their best. GO TEAM!

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A Day at New Horizons Village ADT Workshop

What do we see when we look at the world? Is it the clock that tells us we are running late, the bills that still need to be paid, or the rising prices of gas? Let us slow down a bit and imagine that we are an adult with a developmental disability. What would we see, feel, express?

Today in the workshop at New Horizons a beautiful thing happened and it never ceases to amaze me. But should it? Are we really all that different?

I asked my class if they wanted to make a group painting. Excitedly, they each got a brush, some paint, and a place at the canvas. We dove in, united in our task.

One young girl, normally shy and reserved dipped her brush in pink and painted two complete hearts, simple but bold. Another man, full of untamed and slightly disruptive energy painted a vivid, happy flower with birds soaring overhead.

If you look close one can see a perfectly depicted angel. Paint danced all around, giving them a chance to leave their beautiful mark on the world; a lasting impression and a signature, which unfortunately is not always seen.

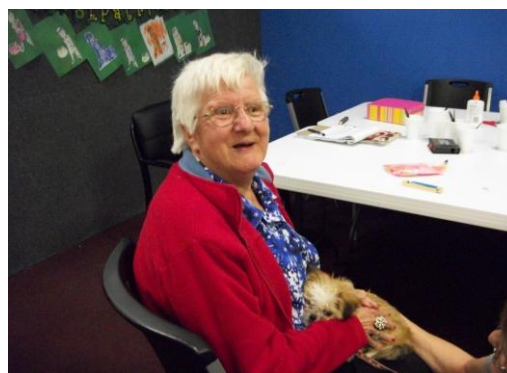
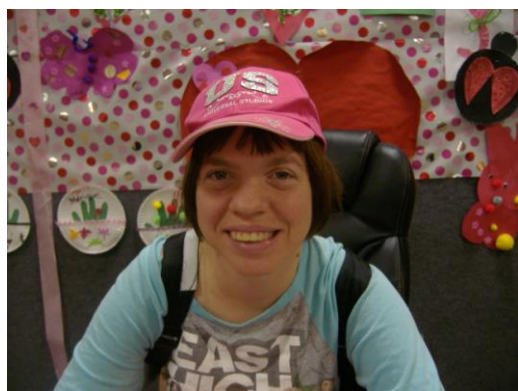
Moments like these are not rare. Last week a normally withdrawn man started playing the keyboard in such a way that it took my breath away; literally stopping me in my tracks. How often is music played in such a way that it expresses the longings of the soul?

What do these men and women have to teach us? Is it that we are here to teach them or the other way around? This special population has so much to offer this world. The question is: are we listening?

Tanya Hale

This beautiful article was written by the workshop instructor Tanya Hale, who sees at our ADT much potential in all our residents.

A few of the faces we love to see each day



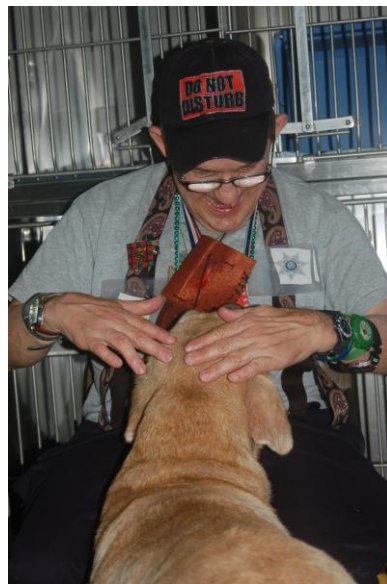
Memorable moments at the Sweetheart Ball

The VFW in Bushnell put on a very nice party for our residents. There was dining and dancing and the karaoke portion of the evening was a big hit. One resident belted out, "You've Lost That Loving Feeling," and another sang a Beatles tune in a duet with a staff member. Rock on!



Volunteering at the Humane Society

ADT class members on a field trip dropped off resident-made doggie biscuits and loved and were loved while ensuring that every animal is well groomed.





News From Home



Having fun on Unit One

We started 2011 with a bang, attending Celebration at Recreation. We love Celebration. We meet the clowns and celebrate everyone's birthday for the month. We also have cake, and the lucky residents with birthdays receive gifts. Some of our residents attended the Citrus County Rodeo and they had a great time! We welcome Juanita and Jane to our home. We are excited to have these two ladies on our unit. They both love their new rooms and are very happy to be reunited with friends with whom they had previously lived. We let the spirit of love carry us into February, Valentine's month. Several residents went to a Valentine's dance in Bushnell and had a wonderful time on the dance floor. We also welcome to Unit One staff members Carmen and Erica. They are already loved and cherished by our residents.

Busy on Unit Two

We've been busy at our home. We went to dinner at McDonald's, shopping at the mall and to Special Olympics for Paul. He played in the state basketball tournament and came home with a gold medal! We are *so* proud of him. Linda enjoyed having her hair done at Regis and being pampered. Wayne W., Wayne C. and Paul shopped at K-Mart while Jim browsed at the music store. Dean, our artist, has been busy with his artwork and staying fit by riding a bike. We had dinner at Arby's, went sightseeing at the beach, and enjoyed a dessert outing at Dunkin Donuts. To add to the fun there were three birthday parties at our house for Amy, Linda and John. They picked their favorite meal for their birthdays and their housemates joined in on the food and festivities. We can't forget the Valentine's Dance with karaoke. Everyone enjoyed the singing and dancing. We have a village full of talent at NHV. We're looking forward to next month's adventures!

Unit Three welcomes 2011

We enjoyed bringing in the New Year with a fun and busy January! We went sightseeing at the beach and had a relaxing dinner at Hardy's. We went bowling and ate dessert at McDonald's. Bruce and Kim really enjoyed tennis at The Plantation. In February Dee and Bruce had a great time at the Sweetheart Ball. We also celebrated Deanna's birthday: it was special day! We enjoyed ice cream at Dairy Queen and yummy pizza at Pizza Hut. We came home loaded with great ideas from window shopping at the Crystal River Mall. A relaxing visit to the creative playground combined seeing the ducks and admiring the water fountain. We got ready for March by decorating for St. Patrick's Day! Warm weather has us excited about summertime picnics and lots of fun in the sun!

Getting ready for spring on Unit Four

In January we went to dinner at Dan's Clam Stand for a juicy hamburger and french fries. We saw many kinds of fish in a "big 'ol" fish tank. We had great fun going bowling, a fun way for our residents to exercise. We shopped (something we all love to do) at the new Dollar General Store in Inverness. We bought fruit from Snow's Fruit Market and came home and made a delicious fruit platter for dessert. We topped off the month, literally, with haircuts for everyone. In February we went to the store and bought Valentine's Day cards, then visited the post office to mail our cards to family and loved ones. We ate at Quizno's for dinner and we went to Stroman's Fruit Market, where we made ourselves fruit salads. We can't wait to see what's in store for us in spring!

Ready for spring on Unit Five

It was a nice winter, but we're ready for spring and the activities it brings. We welcome Robin, our new Unit Coordinator, to our home. We all love him. In January we went for dinner for tasty burgers at Dairy Queen, followed by fresh fruit from Publix for dessert. Several residents enjoyed the tractor pull in January: they couldn't wait to tell us about it. Ray and Tony are involved in Special Olympics track and field. Tony placed 2nd during this year's basketball competition. Tony, we are very proud of you! In February we went to The Fortuner to eat Chinese and to Sweetbay for ice cream. Several of our men went to the Sweetheart Ball. Spring is getting closer and we're ready to get in the pool. Residents are healthy, happy and excited about the St. Patrick's Day feast and pool party.

Staying active on Unit Six

In January we went to dinner at McDonald's and enjoyed time together as a family. Gail's family came for a visit and he had a terrific time with them. Our unit went to Liberty Park for sightseeing: it was too cold to get out of the van. We had a great time having dessert together at Dunkin' Donuts. We ended January with sightseeing at Homosassa Historic Park. Everyone had fun and enjoyed each other's company. February was great. We went to dinner to China First Buffet in Crystal River. Amber and Wendy went shopping to purchase art supplies and Tim bought a movie. For her birthday, Jane had dinner at Olive Garden with Nikeshi. Jane couldn't stop talking about it. We had a nice birthday party for her also, even though she moved to Unit 1, she and all her friends came. We went sightseeing on our way to the Crystal River Library and some of our residents checked out a DVD or book. Denise mailed a letter at the post office, followed by magazine shopping. We enjoy shopping, so we visited Crystal River Mall. Amber and Wendy had fun shopping together at K-Mart. Amber and Kim went to Apex Nails; they love to get their nails done while enjoying each other's company. Gail got his hair cut and he looks very handsome. Congratulations to Amber and Paul, our Special Olympics basketball champions! We're also very proud of all our residents who participated in track and field. You were great!

Recreation highlights

We've had an eventful start to 2011. Moving Mountains sponsored a Winter Ball in Hernando and included some of our residents for the dinner and a dance. It was a bring-a-dish affair; Terri and the kitchen staff put together fine fixings for us to take. Thank you again! The annual tractor pull in Inverness was the most fun ever. We went on a Friday night instead of Saturday. No waiting! It was a wonderful experience to be part of the Citrus County Special Olympics team. Tim and Tony took second place in the basketball skills competition and Amber and Paul were members of the state champion basketball team. We spent the night in Tampa and played at the University of South Florida. We sold tickets to a spaghetti feast to raise funds for the Special Olympics (thank you, New Horizons staff, for your generosity). The local Kiwanis gave us tickets to see James Rogers so some of our residents could attend his fantastic concert. The VFW in Bushnell sponsored a Sweetheart Ball (with the leadership of Valerie Cole) and some of our residents were invited to a night of great food and karaoke. The kitchen crew came through once again to help with the desserts and salad bars at the spaghetti fundraiser and sent a plate of goodies for the Sweetheart Ball. We are truly thankful for all the help and cooperation our New Horizons Village family provides the Recreation Department and all our many causes.

Upcoming Events:

Area IV Summer Games

Place: Lakewood H.S.-St. Pete, FL
March 12, 2011
Time: 9:00 AM

St. Patrick's Day Feast

Place: NHV-Recreation
March 18, 2011
Time: 5:00 PM – 7:00 PM

St. Patrick's Day Dance

Place: NHV-Recreation
March 18, 2011
Time: 7:00 PM

Citrus County Fair

Place: Inverness, FL
March 30, 2011
Time: 5:00 PM – 8:00 PM

Area IV Summer Games

Place: Wesley Chapel
March 31, 2011
Time: 9:00 AM

Easter Egg Dying

Place: NHV-Recreation
April 22, 2011
Time: 11:00 AM

Easter Egg Hunt

Place: New Horizons Village
April 23, 2011
Time: 3:00 PM

MayFest

Place: New Horizons Village
May 14, 2011
Time: 11:00 AM – 3:00 PM



NOTES FROM THE EDITOR



If you would like to receive the New Horizons Village News by E-mail, or if you would like it sent to someone else, please send your request via e-mail to kim@newhorizonsvillage.us.

We invite you to visit the New Horizons Village ADT to see the difference it is making. Please call Marsha Abreu at 352-419-4877 or e-mail her at marsha@newhorizonsvillage.us so we can be prepared for your visit.

There was a nice article on New Horizons Village in the Citrus County Chronicle on March 8, 2011 by Nancy Kennedy entitled; It Takes a "Village", if you would like to read it on line at <http://www.chronicleonline.com>